## Fall & Winter

Catalog of Classes for September 2023 -March 2024





**Classes for All Ages** 

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- Expert Instructor

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- Computer Applications
- Design and Composition
- Healthcare and Medical
- Language and Arts
- Personal Development
- Teaching and Education
- Technology

Visit our website to find a course!

ed2go.com/brighton

## **Table of Contents**

Welcome! The Brighton Community Education Spring/Summer catalog offers traditional favorites alongside many new classes noted with a symbol for easy identification. Welcome to the diverse world of lifelong learning! Our community education course catalog is your gateway to exciting knowledge, exploration, and personal growth opportunities. Designed to cater to the curiosity and interests of learners of all ages and backgrounds, our catalog features an extensive range of courses, workshops, and seminars. Whether you aspire to expand your skills, discover new hobbies, or engage in thought-provoking discussions, our program offers a vibrant platform to embark on a transformative learning journey alongside fellow enthusiasts. Unleash your potential, broaden your horizons, and embark on an educational adventure with our captivating catalog of enriching experiences. We look forward to welcoming you to a school classroom or gym soon!

~ Mona Zamiarski, Director of Community Education

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## **Brighton Community Education Building Locations**

**Disclaimer:** Some Community Education BHS Brighton High School, 1150 Winton Road South classes will address issues relating to the investment or expenditure of personal financial Council Rock Primary School, 600 Grosvenor Road resources. The information or advice provided by the course instructor is not to be considered **FRES** French Road Elementary School, 488 French Road as information or advice provided or endorsed by the Brighton Central School District. The **TCMS** Twelve Corners Middle School, 2643 Elmwood Avenue District does not assume any responsibility (Parking lot and school entrance located off Monroe Ave.) for the consequences of any decisions a class participant may make regarding the investment **ADMN** Administration Building, 2035 Monroe Avenue or expenditure of personal financial resources.

#### **Adult Classes**

#### Monarch Butterflies - Invite Them to Visit Your Yard

The class will discuss how to find the eggs and the caterpillars, as well as a system to raise them yourself. Michael has raised about 1500 Monarchs over the past 10 years from his relatively small City of Rochester yard. Within weeks or perhaps just days of this class, the Monarchs will be migrating to Mexico for the winter. Somehow, they find the same fifty acre section of a conifer forest in Mexico every year.

Instructor: Michael Warren Thomas Class Number: F23A001

1 Tuesday 9/19 7:00 - 8:00 p.m. BHS 158 Fee: \$29

#### Fall is the Low Maintenance Time to Plant

Fall is the best time to plant perennials, shrubs, and trees (but not tomatoes and basil). There are many underused and low maintenance options to bring more color and nature into your yard all year long. Planting in the fall allows the roots to grow for many months before the plants face the heat and dry weather of summer, so you won't need to water them very much next year.

Instructor: Michael Warren Thomas Class Number: F23A002 1 Wednesday 9/27 7:00 - 8:00 p.m.

BHS 158 Fee: \$29

### **Pruning Your Shrubs and Trees**

Pruning can be an art form rather than a chore. Michael will bring in examples of shrubs and trees to prune in class. Having the right tools can make it much more fun, and knowing when to prune things will improve your confidence. Bring in samples of shrubs and trees you can't identify to the class because that is the first step in figuring out how to prune some plants in your landscape.

Instructor: Michael Warren Thomas Class Number: F23A003 1 Wednesday 10/11 7:00 - 8:00 p.m.

BHS 158 Fee: \$29

## Less Lawn Means More Nature

Lawns can be beautiful but are a food desert for butterflies, birds, and insects in general. Layers of trees, shrubs, and perennials provide food, nesting places, and overwintering sites for cool things like Lightning Bugs and Gold Finches. Keep some lawn, but consider the color, diversity, and life that will emerge with less lawn. Michael will discuss methods of eliminating grass and encouraging native plants.

Instructor: Michael Warren Thomas Class Number: F23A004

1 Tuesday 10/17 7:00 - 8:00 p.m. BHS 158 Fee: \$29

# Designing Your Landscape for the Butterflies and the Birds

Homeowners can design their own landscapes with a little research. In the class, we will begin that process, showing how easy it is to create a new garden layout or an entire property. Planting methods, timing, watering, and choice of plant materials will be discussed. The second class will be an opportunity to discuss and refine the designs, with additional details to help create an inviting landscape for nature.

Instructor: Michael Warren Thomas Class Number: F23A005 2 Wednesdays starts 10/23 7:00 - 8:00 p.m.

BHS 158 Fee: \$49

#### **Adult Classes**

### Survival Japanese

Do you wish to visit Japan someday? Do you enjoy anime and manga or want to try something new? Learn the basic greetings, useful phrases, culturally appropriate sentences and manners, counting numbers, prices, and telling time with us! We will also learn basic reading and writing systems (Hiragana and Katakana) to read menus and signs. This class is for someone who has never studied Japanese before. You will be able to pick up phrases right away!

Instructor: Kyoko Klaus

8 Tuesdays starts 10/10

Class Number: F23A105/W24A105

6:00 - 8:00 p.m.

6:00 - 8:00 p.m.

6:00 - 8:00 p.m.

Fee: \$79

#### Spanish for Travel - Level 1

Do you have plans to travel to an area where speaking Spanish is beneficial? This class prepares participants to use Spanish on trips and holiday travel. Greetings, asking for directions, shopping, asking for help, public transportation, landmarks, allergies, and safety will be highlighted. Immerse yourself in a new language for ease of communicating in new surroundings. This class is also helpful for adults who learned Spanish in high school or college and want a quick refresher. The fall and winter session contain the same content.

Instructor: Elisa Senderowicz

12 Wednesdays starts 9/27 (no class 11/22)

OR 12 Wednesdays starts 1/3/24(no class2/21)

BHS 102

Class Number: F23A006/W24A006
6:00 - 8:00 p.m.
6:00 - 8:00 p.m.
Fee: \$140

### Spanish for Travel - Level 2

This intermediate-level Spanish Travel lesson empowers learners to communicate confidently and effectively in various travel situations, enhancing their overall travel experience and cultural interactions. This lesson will focus on travel and real-life situations. By covering a wide range of scenarios, from expressing emotions to handling phone communication, learners will be well-prepared for enriching travel experiences and meaningful interactions. This well-structured lesson plan will equip students with the tools needed to navigate different situations with confidence.

Instructor: Elisa Senderowicz

12 Mondays starts 10/2 (no class 10/9)

OR 12 Mondays starts 1/8/24(no class 1/15, 2/19)

BHS 102

Class Number: F23A206/W24A206
6:00 – 8:00 p.m.
6:00 – 8:00 p.m.
Fee: \$140

## Required Minimum Distribution in Retirement

This class will go into detail about a topic that causes a lot of confusion and anxiety for people regarding their retirement assets- the dreaded Required Minimum Distribution or "RMD." Additionally, in 2020 the SECURE Act fundamentally changed how people can leave their retirement assets to their children, and anyone who is not their spouse. Learn about the change so you are best prepared to minimize the impact it will potentially have on your intended beneficiaries.

Instructor: Michael T. Chabalik, CIMA, CPWA

1 Tuesday 11/14

Class Number: F23A205/W24A205
6:00 - 7:30 p.m.

6:00 - 7:30 p.m.

BHS 158

Fee: \$29

#### **Adult Classes**

### **Investing for a Successful Retirement**

A workshop offered to help reduce the financial uncertainty and anxiety often connected with retirement. This four-part workshop will quide participants in preparing a household retirement budget and developing a sound financial plan. Explore strategies to maximize social security benefits and learn how to structure your retirement portfolio to provide the income you need in retirement. Acquire essential financial knowledge and skills to help build and monitor an individual investment portfolio. Participants will also learn the issues involved with 401(k) rollovers, IRAs, annuities, and other retirement accounts. Finally, this workshop will help answer many challenging questions concerning health care costs, long-term care, and estate planning. Each participant will receive a course workbook and CD containing the templates for a personal retirement plan. The course fee registers an individual or two adults from the same household. Please note a second name on your registration, if applicable.

Instructor: Jason Grover, AIF® Class Number: F23A180 and W24A180 4 Tuesdays starts 10/17 OR 4 Tuesdays starts 1/16 **BHS 158** 

#### Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do by using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. The fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question-and-answer session. Class is held online using Zoom and is partly hands-on instruction and lecture demonstration.

**Instructor: Craig Coffman** Class Number: F23A215 1 Saturday starts 10/7 9:00 a.m. - 12:00 p.m. Zoom (instructor provides link before class) Fee: \$59

## **Become a Notary Public**

Whether you want to become a new Notary Public or need a refresher on Notary Law and the duties and responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in executing your duties, and the appointment, testing, and renewal policies and procedures. Two class sessions are held virtually using Zoom; the instructor will send the class link at least one day before the class starts. The class that meets in person is held at Rush – Henrietta HS located at 2034 Lehigh Station Road, Henrietta, NY 14467. Classes that meet on Saturdays are held from 9:00 a.m. - 3:00 p.m. and classes that meet on two Mondays are held from 5:30 - 8:30 p.m.

**Instructor: Kristin Cavallero** Class Number: F23A010 - F23A014 1 Saturday 10/21 OR 2 Mondays 12/4 and 12/11 (Zoom); 2 Mondays 10/16 and 10/23 (in person) Fee: \$59

# The 1619 Project Slow-Read and Discussion Group

Published in 2021, The 1619 Project is a collection of 18 transformational essays that support the contention that our founding documents, economic and financial institutions, political and cultural practices, and racial problems all hark back to African American enslavement. The 1619 Project is a significant addition to our understanding of how we got where we are and where we can go. After our introductory session, we will tackle two-three chapters every two weeks for a total of eight

**Instructor: Susan Barocas and Susan Boland** Class Number: F23A015 8 Mondays starts 10/16 6:00 - 7:30 p.m. **ADMN Alumni Conference Room** Fee: \$29

7:00 - 9:00 p.m.

7:00 - 9:00 p.m.

Fee: \$29

## **K through 12th Grade Sports Camps**

#### **Brighton Youth Wrestling Club**

A wrestling club for youth in grades 1-6. Led by a dedicated coaching staff and assisted by Brighton Varsity wrestling team members, this club is full of challenge and excitement. Learn the basics of wrestling: positions, scoring, takedowns, escapes,

reversals, and pinning combinations. Practice will focus on skill development by emphasizing techniques to improve balance, strength, and coordination. Wrestling-oriented games will reinforce techniques learned. Coaches will provide an opportunity for supervised live wrestling at most practices. Your wrestler will improve their fitness level while having a lot of fun. During January and February, wrestlers can compete on the Brighton Dual Meet Team and participate in local tournaments should they choose to. The club fee includes a t-shirt and tournament registrations. An individual NYWAY membership is required for insurance and must be purchased separately at https:// www.nyway.org/memberships (\$17 fee). Scholarships are available. The club has a wrestling shoe loaner



program based on availability. Please direct questions to Brian Douangratdy: brightonyouthwrestling@gmail.com.

Instructor: Brian Douangratdy Class Number: F23\$001 Mondays & Wednesdays 11/13/23-2/12/24 (No classes 11/22,12/25, 12/27, 1/1, and 1/15) 6:00 - 7:30 p.m. TCMS Wrestling Room Fee: \$80

## **Brighton Youth Volleyball**

The Brighton Youth Volleyball Program is a two-tier skill-building program taught by BHS Boys Varsity Volleyball Coach Eric Gruner and JV Coach Diana Frank. Students in 7th - 12th grade are eligible to register. You do not have to attend Brighton High School to register. This "club style" program extends the season and will benefit high-level youth athletes who desire to improve their skills through training specific to the sport of volleyball. Two group levels are offered - Tier 1 and Tier 2. Please register for the tier you feel most comfortable in. If necessary, the coaches will observe both groups and make changes after talking with the players. All players meet two times a week in the TCMS gyms, Wednesday evenings from 7:00 - 9:00 p.m. and Saturdays from 9:00 - 11:00 a.m. The clinic coincides with the USA Volleyball tournament schedule running from Saturday, November 18th through Wednesday, May 18th. Participants may have the opportunity to compete in local USA Volleyball-sanctioned tournaments. Travel to these tournaments will be necessary and will be the responsibility of the parents. Enrollment is limited to 12 participants in each tier level. If you have questions about the program, Coach Gruner can be reached at eric\_gruner@bcsd.org.

**Tier 1:** High-Performance Level Similar to Varsity level play, knowledge and experience with volleyball skills are required. The fee for Tier 1 is \$850 and includes a team jersey and tournament competition fees. The Class Number is F23S003.

**Tier 2:** Developmental Performance Level Similar to JV level play, some basic knowledge and experience in volleyball skills are recommended. The fee for Tier 2 is \$650 and includes a team jersey. If a Tier 2 participant competes in a tournament, an additional fee to cover entry to the tournament is required. The Class Number is F23S004.

## **K through 12th Grade Enrichment Classes**

#### **SAT and ACT Exam Preparation**

If you want to build a powerful foundation for SAT & ACT success in just one day, our new SAT/ACT Boot Camp is the class for you. Taught by Chariot Learning--Upstate New York's most well-known and respected test prep organization--this SAT/ACT Boot Camp thoroughly reviews the essential reading, writing, math, and test-taking skills and strategies for the most current versions of both exams. We'll also outline the additional content and action steps needed for greater progress toward the highest test scores. All fall and winter class dates are listed below. Class times vary depending on the number of class dates – one Saturday is 9:00 a.m. – 3:00 p.m., two Saturdays are 9:00 a.m. – 12:00 p.m., and three weekdays are 3:15 – 5:15 p.m.

Instructor: Mike Bergin Class Number: SF23E500 - 507

1 Saturday, 2 Saturdays, or 3 weekdays; select one start date: 9/23, 10/23, 11/27, 1/20, 2/13, 3/2, or 3/19

BHS 158 Fee: \$200

#### **Writing Your College Application Essay**

This class is open to all BHS Class of 2024 students. The college application process can be overwhelming, particularly composing the college essay. This enrichment class is designed to help students write a college essay, generate ideas for short answer questions, and provide an overview of the college application. Students will read and critique model essays, receive written feedback on work, have one-to-one conference times with the course instructor, and complete at least one full essay in five days. Start the college application process by completing the most challenging part of the application, the essay. You must be a BHS student to register. The class meets for five consecutive days, Monday – Friday, after school. Classes fill quickly! Please add your name to the waitlist for a class that has already reached the maximum of twelve students.

Instructor: BHS English Teachers Class Number: F23SE001 or 002 5 Weekdays 3:00 - 6:00 p.m.

BHS 320 or 306 Fee: \$110

### High School Study Skills

This class offers tips and suggestions on useful study skills for high school students. These skills include time management, material organization, learning methods, active listening, and active reading skills - all skills students need to succeed in high school. Students who have enrolled in the class in previous years have attested to its value. Students in grades 9 – 12 are welcome!

Instructor: Marc Hellems Class Number: F23SE550 9 Wednesdays starts 9/27 (no class 11/22) 3:30 - 5:00 p.m.

OR 9 Wednesdays starts 1/10 (no class 2/21) 3:30 - 5:00 p.m.
BHS 200 Fee: \$160

#### **NYS Driver Education**

Driver & TrafficSafety Education in New York State is a program implemented via a partnership between the New York State Education Depart- ment (NYSED) and the Department of Motor Vehicles (DMV). The Driver Education course intends to educate current high school students (ages 16+) about appropriate driving skills, habits, and a responsible role in the highway transpor- tation/safety system. Course highlights include classroom instruction and behind-the-wheel training and observation. Students receive the MV-285: Student Certification of Completion. You must already have your Learner's Permit to take this class. This program is offered at BHS through a contract with Monroe One BOCES four times a year – fall, winter, spring, and summer. Dates and basic information about each session are located at www.bcsd.org/Domain/266. Future session dates are available as soon as BOCES confirms them.

The Fall session begins on September 19th. Registration opens on

**Tuesday, September 12th at 8:00 p.m.:** *brightonschools.revtrak.net.* The winter session begins the first week of January, with registration opening the first week of December. The fee for this course is \$610 which includes a 3.5% administrative service charge for credit card transactions.

# **Registration and Program Information**

**REGISTER EARLY!** Classes fill quickly. If you register online and a class is filled, please add your name to the waitlist. If a spot in the class becomes available, you will be contacted by Community Education. Decisions about canceling a class due to low enrollment are made five to seven days before its start date.

#### **Online**

**Online registration is preferred.** To register online, and pay with an e-check or credit card, visit our website at https:// brightonschools.revtrak.net

## By Mail

Complete the registration form in this catalog and include a check made out to Brighton Central Schools to:

Brighton Community Education/BCSD 2035 Monroe Avenue, Rochester, New York 14618

#### In Person

Complete the registration form in this catalog, attach a check made out to Brighton Central Schools, and bring it to the reception desk at the front entrance of the Administration Building, 2035 Monroe Avenue, weekdays between 8 a.m. and 4:00 p.m.

#### \* \* \* \*

Once you have submitted your registration, consider yourself enrolled in the class! You will ONLY be contacted if the class you registered for is full or has been cancelled.

#### \* \* \* \*

#### Refunds

If a Community Education class is canceled, you will be notified by phone or email and receive a full refund. Electronic check and credit/debit card payments will be refunded to the account you paid with. Payments made with cash or check are refundable in the form of a check mailed to the address on the account and take three to four weeks to process.

If you wish to withdraw from a class you registered for, written notice must be received at least seven business days before the start of class. Please email your request for withdrawal to mona\_zamiarski@bcsd.org or mail it to:

Brighton Community Education/BCSD, 2035 Monroe Avenue, Rochester, NY 14618

# Registration begins as soon as you receive this catalog.

# Mark Your Calendar and Save This Catalog

Your class date, time and location is listed in this publication and online at brightonschools.revtrak.net

### Who May Register?

Unless otherwise stated in the class description, registration for adult classes is intended for people 18 or older. All K-12th grade classes specify appropriate grade levels in the class description and on our website. Unless otherwise noted, you do not have to be a Brighton resident to register for classes.

### **School Holidays**

Brighton Community Education classes are not held when Brighton Central School District is closed on these days:

Sept. 4Labo	_			
Oct. 9Indigenous People Recogn				
Columbus Day Observed				
Nov. 10Veterar	ıs Day			
Nov. 22-24Thanksgiving F	lecess			
Dec. 25-Jan 1 Holiday F	lecess			
Jan. 15 Martin Luther King J	r. Day			
Feb. 19-23 Presidents Week/Mid-Winter Recess				
March 29 Good 1	Friday			

# Class Cancellations/ School Closings

Classes may be canceled due to weather or other emergencies. Community Education classes are canceled if the Brighton Central School District is closed for the school day or afternoon/evening activities. A make-up class will be provided for classes canceled due to a BCSD school closing. Closings are posted at www.bcsd.org and on all major media stations. Instructors who need to cancel an individual class will contact students to let them know the class is canceled and schedule a make-up class for a later date.

The goal of Brighton Community Education is to provide diverse classes that are designed to meet the lifelong learning goals of our community.

# **CLASS REGISTRATION FORM**

Fill out form completely, only one family per registration form





#### FOR ONLINE REGISTRATION

and credit card payment, visit brightonschools.revtrak.net

#### **REGISTER EARLY!**

Class are cancelled one week prior to start date if they haven't met the minimum number of participants.

Email  Street Address  City  Home Phone  Emergency Contact Name  MAKE CHECKS PAYABLE T  Mail-in registration by check, or ca	ΓΟ BRIGH ash/check p		CHOOL livered to:	
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•				
			TOTAL FEES \$	

If you do not provide an email address at registration you will not receive an email receipt or any email communication from the Community Education office. Email addresses are used for communication about your account or class; they are never shared.

FOR OFFICE USE ONLY				
Date Received	Date Entered			

## **Brighton Preschool/Parent Program**



The Brighton Preschool/Parent Program has been an educational resource in our community for over 60 years! It allows children to share and learn in a safe and nurturing environment where children are valued and accepted as unique. The work of preschoolers is play! Our curriculum provides creative opportunities for all children to encourage social development and independence building. Planned activities and teacher interaction foster early education skill-building. Through play, our students discover what they enjoy most and what makes them feel competent. Our preschool is a place where children learn what it means to be a good friend. We provide diverse opportunities for experimentation, which challenge thinking and reasoning abilities. Our facilities are perfect for large and small motor development - inside the classroom and outside on the playground. One of the most significant features of our preschool is the amount of parental involvement. On a rotating basis, a parent (or another family member/nanny) serves as a volunteer helper in the classroom. Each family is responsible for volunteering six times a year. This commitment to being a part of the classroom gives families a strong foundation for creating positive home-to-school connections.

The preschool is located on the first floor of the Brighton Central School District's Central Administration Building, 2035 Monroe Avenue, Rochester, NY 14618. The program follows the Brighton Central School District calendar and is closed when the school district is closed for holidays, recess periods, and emergency school closings. The preschool year begins on Monday, September 18, 2023, and ends on Thursday, May 30, 2024. It is open to children three or four years old by December 1, 2023. Three and four-year-old students are in the same class. Thirty-two students are enrolled each year - sixteen in a class that meets from 9:00 - 11:30 a.m. and a different group of sixteen in a class that meets from 12:30 - 3:00 p.m. A family requests that their child be placed in preschool either two, three, or four days a week. A class from 9:00 - 11:30 a.m. meets on Monday, Tuesday, Wednesday, and Thursday. Another class meets from 12:30 - 3:00 p.m. on Mondays, Tuesdays, and Wednesdays. No classes meet on Thursday afternoons or Fridays. Registration for the upcoming school year begins in January. Once a class has enrolled the maximum number of students allowed, prospective families can be added to a waitlist. More detailed information is available at bcsd.org/preschool. Please contact the director at 585-242-5200, ext. 5595, or mona\_zamiarski@bcsd.org if you have questions.

More information and images of the classroom and playground are available at bcsd.org/preschool and by contacting the Brighton Preschool/Parent Program office at 242-5200, Ext. 5595 or ce@bcsd.org.



2035 Monroe Ave., Rochester, NY 14618

#### **Board of Education**

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Kevin C. McGowan, Ed.D.

## **Community Education Director**

Mona Zamiarski

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